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Rory Tahari Is Making a List and Checking It Twice

By Christopher Barnard – November 11, 2009



Rory Tahari is a busy woman, O.K.? And she can pack a suitcase in no time flat. “I’ve moved 22 times,” says Tahari, vice chairman and creative director of the fashion-design house Elie Tahari (and the wife of the designer). “I have packing down to a science.”

Perhaps it’s her self-confessed list-making prowess that gives her an edge when it comes to boxing stuff up. According to her new book, *Lists for Life*, Rory has been a compulsive list-maker since she was old enough to write. She used to save her lists in an ever-expanding Word document, ready to dispense advice to friends and family when it comes to planning a dream wedding or, alternatively, avoiding a divorce nightmare (make copies of photos or photo albums you will want—yikes!).

Finally, she compiled these lists into an essential, nearly pocket-size guide that’s to keep handy when, well, anything happens. “I find that people find comfort in being told what to do, efficiently and clearly.” For example, during labor, Rory suggests that you call your pediatrician and notify him or her that you are in labor. “A lot of rational thoughts and tips when things aren’t always rational,” she says.

For more information, visit [rorytahari.com](http://rorytahari.com), where, naturally, you can download the even more handy iPhone list app. Where there’s a list, there’s a way!